Report from the State House Page 4 Thank You to Donors Pages 6 and 7 2012 Achievements / Page 10

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Film Series Shows Hiring People with Disabilities is Good for Business, Good for People and Good for the Economy

business and civic organizations, at

public events, etc., to help educate

others about the value of employing

A new "Guide to Community

Employment and Vocational Reha-

bilitative Services," also produced by

The Arc, provides a step by step guide

to how vocational rehabilitative ser-

vices can help people with disabilities

The DVD, tool kit and guide to

community employment can be

ordered by contacting The Arc of

Indiana at 317-977-2375 or 800-

You can also download the tool

kit and employment guide by visit-

ing www.arcind.org and clicking on

Pathways to Employment

"Passion to Opportunity - Drew

Drew Dietrick has always had a

passion and keen understanding of

animals. He participated in a number

of wildlife related opportunities as he

grew up in Indianapolis. After earn-

ing a degree in Wildlife Conservation

from Unity College in Maine, Drew

began working for the Indianapolis

Zoo and the Marion County Board

of Voter's Registration. Drew's

personal slogan is "New Day, New

"Empowered to Lead – Shawn

Opportunity."

"News and Events."

Film Synopsis

Dietrick, Indianapolis"

382-9100 or thearc@arcind.org.

become, and stay, employed.

people with disabilities.

The Arc of Indiana has produced a documentary film series, "Pathways to Employment," which celebrates six unique Hoosiers who have not let their developmental disabilities stand in their way of becoming employed. The six short films are designed to share the message that hiring people with developmental disabilities is "Good for Business, Good for People and Good for the Economy."

You can find all of the films on The Arc of Indiana's YouTube channel, www.youtube.com/arcadvocate, in the playlist, "Pathways to Employment." The films are also available on DVD.

The Arc has also produced a tool kit to help individuals and organizations use the films in schools, with

Rector, Lafayette" Shawn Rector's career path at Wabash Center in Lafayette has evolved from consumer to employee. Over the years Shawn has assumed greater roles of responsibility not only at work, but also as a volunteer. Shawn serves on the boards of Self-Advocates of Indiana and The Arc of Indiana, and participates in

Best Buddies and Special Olympics. He is a man dedicated to making the world a better place for others.

"Networks of Support – Cheryl Thompson, Bloomington"

Cheryl Thompson grew up in a protective family environment. It was only after the family moved to Bloomington that her sister and staff at Stone Belt Arc helped her take little steps out into the world of community and employment. Today Cheryl works for the IU Police Department, does assembly work for Cook Incorporated, and enjoys her many friends and social activities. Her willingness to try new things and her positive outlook on life inspire all who come to know Cheryl.

"The Dream Job – Ryan Steele, Lafayette"

Ryan Steele's family encouraged Ryan to embrace his love of sports while he was in high school by being involved in any way he could. These experiences helped him find his dream job – working at Purdue University in West Lafayette in the Sports Equipment Room. Ryan also works at Wiley Food Court on the Purdue Campus. Ryan loves both jobs and enjoys meeting and working with all those he comes in contact with, whether a star basketball player or a typical Purdue student.

"An Entrepreneur's Vision – Brandon Boas, Columbus"

Brandon is a highly motivated, talented, self-employed photographer. His family encouraged him to learn photography skills, but he spearheaded the process of turning it into a business. Brandon knows how to promote himself, his work and his message. He readily shares his vision that we should all discover what we love and make that our life's work.

Continued on page 5



Shawn Rector. Empowered to Lead

Rvan Steele,

Melody Cooper, for Change

Drew Dietrick. Passion to Opportunity

Cheryl Thompson, Networks of Support

Brandon Boas, An Entrepreneur's



The Arc of Indiana 107 N. Pennsylvania St. Suite 800 Indianapolis, IN 46204

Self-Advocates of Indiana President's Corner

Melody Cooper President, Self-Advocates of Indiana

As always, SAI is keeping busy, always on the move!

In the last few months, we have started a few new self-advocate chapters and have a few more in the works. We are talking to more people to tell them that they can have a good life. One thing about having a good life is having a good



Melody Coope

job. In mid-January, SAI and The Arc of Indiana had a premiere night, showing the "Pathways to Employment" film series, which celebrated six unique individuals who work in the community.

From the zoo, to the police department, to their own businesses, their stories shared how they got their job

and how these jobs help them be a better person.

The other special event in January was a visit from Judith Snow. She is from Toronto, Canada. She is a good person and has lots to share about her life and what it means – and what it doesn't mean! – to have a disability.

Her message to us challenged the way we look at disabilities and see disabilities. From her perspective, it really isn't more than a label. I learned from Judith's visit that I can have the courage to do more and to be able to work with people in the community more. She encouraged me to work hard at everything I do and just do my best — not only for myself, but for all of us.

On Valentine's Day we went to

visit our legislators at the Indiana State House. We made some nice cards, delivered candy and got to talk to them. We also got to meet with our new Lt. Governor, Sue Ellspermann, and Glenda Ritz, the State Superintendent for Indiana schools. Thanks to all the self-advocates who came!

Things that are coming include sharing the "Pathways to Employment" videos, pushing a new health campaign, celebrating Disability Awareness Month throughout March and planning ahead for a special 2013 SAI Conference in October! We are excited to be so busy. Look for more updates from us later in the year. Until then, keep on advocating, and being yourself!

Participants praise Make a Difference Project

Make a Difference is a person-centered planning and organizational development process originally designed by Beth Mount and John O'Brien. The process engages direct support professionals (DSPs), people served, management staff and community members in building better supports and better communities. Make a Difference empowers DSPs to fully contribute their own gifts and talents and to use their knowledge of the people they support in connecting people in community life. The process centers on pairing one DSP with one person they support in a learning journey about themselves, their interests and the local community. This is fully a partnership where the gifts, talents and interests of both people involved are explored and celebrated.

Make a Difference Indiana began in December 2012 when agencies across the state were invited by The Arc of Indiana to apply to participate in a demonstration project using this approach. Though the project has really just begun, following is what some of the participants are saying:

Agency CEO: *Make a Difference* has re-energized our commitment to person-centered thinking and service delivery. It offers a fresh approach to building community for the individuals served and their direct support staff. There is a sense of renewed passion in the organization and a deeper determination on the part of

staff participating to really "make a difference" in the lives of the individuals they support. We have already learned that we are more alike than different, and together we have the power to strengthen our community. We were most amazed by the level of participation from individuals who have a history of behaviors that previously have interfered with group participation.

Director: I initially met some resistance, negativity, anxiety, excuses and disinterest (about our agency participating in this project). However, the outcome of the first meeting has been incredible. Individuals and their staff are excited about the opportunity to explore their interests within the community without the constraints of agency procedures and/or funding concerns. During our meeting ... I was actually able to observe the light bulbs go off for our DSPs and for them to have an "aha moment" and this was so rewarding. The individuals supported seem to be excited (about) the ability to really express themselves in their own way ... I definitely feel that we are on the road to transforming and renewing our agency's culture. And we are laughing and having fun along the way!

Participant: I had no idea what I was signed up for when I walked into the *Make a Difference* Leadership Circle. The room was set up with a circle of chairs and a small table in the middle. The soft lighting should

have been comforting, but as we soon found out, this circle was not about comfort. It was about stepping outside of familiar and comfortable boundaries, about being honest with yourself and exploring why you are here.

Over the next 2.5 hours, barriers were broken, trust was built, and the group started to engage in real

conversation. What I had dreaded being a part of had actually turned out okay. I overcame some of my initial fears and started seeing the transformative power of *Make a Difference*.

Was it hard? Yes. Am I worried about next month's circle? Yes. Was it worth it? Yes. Does it have potential? Absolutely!

A View from My Window

Hosted by Michelle Fischer

The Arc of Indiana welcomes you to listen in to A View from My Window, our podcast hosted by Michelle Fischer.

Visit www.arcind.org/AViewfromMyWindow to listen to the latest edition and past broadcasts of A View from My Window, including these recent shows:

A View into Medicaid Expansion and Medicaid Managed Care

A View into Changes to Indiana's Medicaid Waiver Program

A View into IN-abled with Chad Moore

A View into the Pathways to Employment Film Series

Like "A View from my Window with Michelle Fischer" on Facebook Follow Michelle's Blog – My Life and Stories Behind the Mic Join Michelle on Twitter – @MFView



PAGE 2 The Arc News in Indiana

Executive Director's Column

We can do better

I recently learned that due to budget

cuts caused by the federal sequestration, the agency responsible for deporting people found to be here illegally planned to release a great many people who are considered nonviolent and have no history of illegal acts, other than how they came to this country, from federal detention centers. The reason - they needed to cut the budget. These detention centers hold people until they can be returned to their country and are run by privately contracted companies. It was interesting to note that it costs about \$165 per day to detain someone in these facilities.

What struck me is that this is remarkably close to what the government pays community-based providers to support an individual with developmental disabilities in a 24/7 program. However, this includes job training and supports to help individuals become more independent and integrated into their communities. They receive far more services, provided by an educated and dedicated staff, than what is provided to just hold someone waiting for deportation.

Yes, these are challenging times. The Arc, as we always have, is working to help develop solutions to meet growing needs - at a time when most people consider cutting government spending a necessity.

The great importance of hard working direct support professionals

You, and all of our 19,877 members (and counting), need to make sure our state legislators and federal representatives understand the importance, not only of services and supports to people with I/DD, but of the importance of hard working direct support professionals who provide those important services every day.

There will never be enough money to do everything. But, if we are all smart with what we have been given, we certainly can do better. That is what The Arc has been about for over 56 years, and we are needed more today than ever.

Associate Executive Director's Column

Seclusion and Restraints

When I came to work at The Arc in 1998, we received few if any calls on students being restrained or secluded in schools. Now it seems there are far too many incidents that jeopardize the health and safety of students in schools because school personnel are not using good judgment.

Over the last several years, leading up to The Arc of Indiana's Education Committee deciding to be more aggressive in pursuing a law requiring all schools to have a policy, our calls had become more frequent, monthly even. As the 2013 legislative session began and the issue started to receive attention, the number of parents calling to share their stories of seclusion or restraint has been startling, and the number of young adults calling to share what happened to them while they were in school is overwhelming. To listen to them talk about the fear and anxiety they felt, that still lives with them, is enough in and of itself to know that it is critical to get a bill passed this year.

Just as the seclusion and restraint legislation was being discussed at the State House, the story came out of a

beautiful 8-year-old girl in Indianapolis whose shoes were duct taped to her feet at the end of the



school day – all because she was tired, her feet hurt, and she did not want to wear her shoes. Then 10 days later came a story of a 6-year-old boy in Hamilton County who was left in a seclusion room for several hours. When no one answered his request to go to the bathroom, he urinated in the corner of the room and promptly got expelled from school.

I am not foolish enough to think that passing a law will lead all school systems to have common sense and good judgment. I do hope that, in addition to enacting a law that will protect children, awareness is raised about tools and resources available for school personnel to become properly trained in handling difficult situations.

An editorial cartoon created by the Indianapolis Star's Gary Varvel illustrated the situation best - there are 101 uses for duct tape, but using it to keep shoes on a child's feet isn't one of them.

Blueprint for Change

Celebrating Those Who are Making it Work

The following stories, featured in our 2013 calendar, exemplify the good work that is happening throughout the state thanks to our local chapters of The Arc. Through their efforts, people with developmental disabilities are building career pathways, utilizing their unique gifts, and leading full and meaningful lives in their communities - all key goals of The Arc's Blueprint for Change. Learn more about the Blueprint by visiting www.arcind.org.

KCARC Local chapter of The Arc in Knox County

Kirby Quick and Alora Borger enjoy playing together at KCARC's Civitan Children's Center, an inclusive program that serve children with and without disabilities. Kirby's mother shared, "There is no better feeling a parent can get than when we bring Kirby into his classroom in his wheelchair and his friends run up



to say "hi" and play with him. The Civitan Center has helped develop that bond which I hope he has with these kids for years to come."

Noble of Indiana Local chapter of The Arc in Marion and Hamilton Counties

Jessica Green is a very accomplished young woman, in no small part due to her determination to succeed with the support of her family and organizations like Noble of Indiana. In 2003, Jessica got her first job as a clerical assistant at

Advantage Medical thanks to Noble's Community Employment program. Today Jessica enjoys working as a Grooming Assistant at Petco. Jessica also enjoys painting and creating jewelry. Her artistic creations can be purchased on The Arc of Indiana's online art store, Works of Arc, www. worksofarc.com.



Evansville ARC Local Chapter of The Arc in Vanderburgh County

Bits & Bytes, a family-owned restaurant/deli in Evansville, found an invaluable employee in Stephanie



Blair when they teamed up with Evansville ARC's Community Job Link Program. Through that connection, Bits & Bytes gained a hard working, reliable employee. At the same time, Stephanie secured a job that she loves and gained a "home away from home" in her Bits & Bytes family. This employment success story was profiled for The Arc of Indiana's Employment Campaign in a video that can be found by visiting www.youtube.com/arcadvocate.

> Learn more about the Blueprint by visiting www.arcind.org.

The Arc News in Indiana

Report from the State House

As *The Arc News in Indiana* goes to press, the second half of the legislative session is underway.

State Budget Bill

The State Budget Bill, as approved by the Indiana House, increases and restores several critical programs and services for people with intellectual and developmental disabilities. The bill includes people with disabilities as an important part of Indiana's workforce as they plan for a better and stronger Indiana.

Key provisions of the bill include:

- Full funding for vocational rehabilitation services to support efforts in getting people with disabilities into community employment and post secondary educational opportunities.
- Funding for home and community based waiver services that continues to move people off of the long waiting list for Medicaid Waivers. One estimate is that the level of funding allows for approximately 4,800 new people to receive services under the Family Supports Waiver over the next two years. Funding is also included to move people into the Community Integration and Habilitation Waiver; however, it is unclear at this time how many people it will serve, and we are working to get more information.
- Restoration of funding for a statewide volunteer adult guardianship program that supports people with disabilities having access to a qualified guardian should they need someone to help them make key decisions in their lives.
- An investment in creating a hospitality training institute for people with disabilities that will provide job training and post-secondary educational opportunities. This venture will improve the quality of life for thousands of Hoosiers with disabilities across the state and lead to more independent lives.
- Increased funding for First Steps. This program provides support and services for children birth to age three that have a disability or who are at risk of a disability. By providing early intervention services, many children are able to make substantial developmental progress so they will no longer need services through special education or Medicaid.
- Continued funding for Best Buddies.
- Maintains current funding for the CHOICE Program. This program provides state funding for home and community based services.

The Budget Bill is now being considered by the Indiana Senate. As the session comes to a close, a conference committee made up of members of the House and Senate will work to come to an agreement on a final state budget.

Medicaid Expansion and Medicaid Managed Care

The topic of Medicaid Expansion and Medicaid Managed Care is being discussed at many levels at the State House as we go to press. Indiana has a unique opportunity to expand health care coverage to Hoosiers, and grow the economy, by expanding Medicaid coverage as provided under the Affordable Care Act. As part of the Medicaid expansion debate, Indiana is exploring the development of a managed care program for all persons in the "aged, blind and disabled" population for acute and long-term care. This would have a significant impact on people with intellectual and developmental disabilities (I/DD), their families, and those who provide services and supports to this unique population. See page 5 for The Arc's position statement on Medicaid Expansion and Medicaid Managed Care.

Seclusion and Restraint

SB 345, regarding seclusion and restraint of students in schools, has been assigned to the House Education Committee, chaired by Rep. Bob Behning (R-Indianapolis), and it is anticipated it will be heard in committee by the end of March. The bill establishes a commission on seclusion and restraint in schools to adopt rules concerning the use of seclusion and restraint in schools and develop a model restraint and seclusion plan. It requires a school corporation to have a policy in place for the 2014-2015 school year. The bill requires all public schools to have a policy, but as currently written exempts private schools.

Antibullying

HB 1423, antibullying legislation, requires the department of education, in consultation with school safety specialists and school counselors, to develop guidelines to assist school corporations and safe school committees in establishing bullying prevention programs, investigations and reporting procedures, and discipline rules. Modifies the definition of bullying and sets out a bullying reporting requirement for each school corporation. Senator Dennis Kruse (R-Auburn) is the Senate sponsor of the bill, which should be heard in the Senate Education Committee by the end of March.

Public Mass Transportation

HB 1011, the Public Mass Transportation bill, has been assigned to the Local Government Committee in the Senate and a hearing is expected on Wednesday, March 20.

The bill, which applies to 10 counties in central Indiana (Boone, Delaware, Hamilton, Hancock, Hendricks, Johnson, Madison, Marion, Morgan, and Shelby), has three main provisions:

(1) Local funding flexibility: Allows use of the county economic development income tax (CEDIT) to fund a metropolitan transit district.

- (2) Local referendum: Gives local elected officials in the eligible counties the option of placing a question on the ballot at a general election to allow voters to authorize local officials to enact the CEDIT up to the authorized rate, and to dedicate those new funds to support a Metropolitan Transit District in the adopting counties.
- (3) Regional Governance Plan: Establishes the governance structure for the new MTD.

To keep up-to-date with news and information from the Indiana General Assembly and Washington D.C., be sure to sign up to receive Action Alerts and Legislative Memos from The Arc of Indiana and The Arc US by visiting: http://capwiz.com/thearc/mlm/signup







Working Our Way into Your Heart 2013 State House Valentine's Day Event

Thanks to our local chapters of The Arc and self-advocate groups who joined in our 2013 State House Valentine's Day Event. Lots of valentines with the message, "Working Our Way into Your Heart," were shared with members of the General Assembly and state leaders. In addition to meeting with state legislators, we were honored to have personal meetings with (top to bottom) Lt. Governor Sue Ellspermann, State Superintendent of Public Instruction Glenda Ritz, and Secretary of State Connie Lawson

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The Arc of Indiana Position Statement Medicaid Expansion & Managed Care

Indiana has a unique opportunity to expand health care coverage to Hoosiers, and grow the economy, by expanding Medicaid coverage as provided under the Affordable Care Act (ACA). The Arc of Indiana supports Medicaid expansion not only because it will allow more people with disabilities to work and maintain health care benefits, but also will greatly help those uninsured working families who have a child with a disability but earn too much to be eligible for Medicaid.

A report released by the Indiana Hospital Association found that an expansion of Indiana's Medicaid program under the ACA would generate up to \$3.4 billion in new economic activity in the state, result in at least \$108 million in additional state and local tax revenue each year and support more than 30,000 jobs through 2020. The study estimates that extending coverage for uninsured residents would bring Indiana more than \$10 billion in funding from the federal government through 2020. According to the report, if Indiana chooses to opt into the expansion, more than 406,000 Hoosiers would receive health coverage.

As part of the Medicaid expansion debate, Indiana is exploring the development of a managed care program for all persons in the "aged, blind and disabled" population for acute and long term care. This would have a significant impact on people with intellectual and developmental disabilities (I/DD), their families, and those who provide services and supports to this unique population.

The Arc of Indiana and Self-Advocates of Indiana support an approach to managed care that:

- Addresses the wide and varied needs of the diverse population of people with I/DD
- Coordinates beneficiaries preventative, acute and long-term services through the use of a strong "health home" that understand their needs
- Prioritizes the use of home and community-based supports and engages people in spending resources wisely that meet their needs
- Provides for the integration of behavioral and physical health
- Utilizes the experience of community based providers who have long worked with people with I/DD and understand them and their community
- Offers networks that include all willing and qualified providers
- Carefully considers access to care for people in rural areas

If developed in a thoughtful way, in collaboration with self-advocates, families and providers, a managed care approach could provide a cost-effective approach to preventative, acute and long term health care.

It is important that stake-holders – including self-advocates, family members, caregivers and the broad range of providers that support this population – have a voice in how any managed care contract is written and in the design and selection of MCO's, including how provider selection criteria, benefit plans and implementation plans are developed.

It is essential that beneficiaries have choices in selecting providers for both primary and long term care. Services must be readily available and physically accessible so that individuals can receive a wide range of sound preventative, acute and long-term services through providers who are familiar with their needs and who involve them in decision making. A successful managed care program must engage individuals in a shared savings concept that incentivizes the wise use of resources. Beneficiaries must be engaged in developing healthy lifestyles and understanding the importance of the effective use of limited resources, particularly in regard to long term care.

The Arc of Indiana and Self-Advocates of Indiana strongly support taking the time and care to study the experience of other states regarding managed care for people with I/DD, including the use of a "carve out" for the population of persons with I/DD. In particular, the experience of Iowa's managed care program should be reviewed. In addition, consideration should be given to a pilot and/or a slow roll out of any managed care initiative.

The Arc and Self-Advocates of Indiana recognize we are living in a time of great change. In response, The Arc has laid out a transformational plan, a Blueprint for Change, that guides us in our work to empower people to shape their own future, nurture and create natural systems of support, and strengthen the foundation of programs and services.

We believe that if approached in a thoughtful way, Medicaid Expansion and Medicaid Managed Care offer great opportunities towards achieving the spirit of these goals. We look forward to working with other stakeholders who share our interests in moving Indiana forward.

The Arc of Indiana Programs and Services

The Arc of Indiana was established in 1956 by parents of children with intellectual and developmental disabilities who joined together to build a better and more accepting world for their children. We are affiliated with The Arc of the United States and are proud to work with our local Arc chapters and members throughout the state.

Public Policy Advocacy Through volunteers and staff, The Arc has a full-time presence at the Indiana State House, and as an affiliate of The Arc of the United States, in the halls of Congress.

The Arc Master Trust Proud to be celebrating 25 years of service, The Arc Master Trust serves Hoosiers of all disabilities. Visit www.thearctrust.org to learn more about future planning and special needs trusts.

The Arc Network The Arc Network provides information, referral and advocacy in the areas of community connections and natural supports, career pathways and employment, understanding and applying for government programs, and self advocacy and Self-Advocates of Indiana.

Works of Arc Works of Arc is an online art store and gallery, featuring the work of Indiana artists with disabilities. Tour the gallery by visiting www.worksofarc.com.

A View from My Window A View from My Window is The Arc of Indiana's podcast, hosted by Michelle Fischer. Visit www.arcind.org/AViewfromMyWindow to find all of Michelle's podcasts. Like A View from My Window with Michelle Fischer on Facebook. Follow Michelle's Blog: My Life and Stories Behind the Mic. Join Michelle on Twitter: @MFView

COVOH Decision Lab The COVOH Decision Lab, located at The Arc of Indiana's office, is a state-of-the-art computer-supported meeting space that allows users to share ideas via linked computers to reach group goals.

Membership When you are a member of The Arc you belong to and support a respected local, state and national association committed to people with intellectual and developmental disabilities and their families.

Pathways to Employment Film Series Continued from page 1

"Advocate for Change - Melody Cooper, Indianapolis"

Melody Cooper came to Indianapolis when her Aunt Alice saw that she needed a chance to follow her dreams. Getting a job, opening a bank account and moving into an apartment with a roommate were all steps toward achieving her dreams. Today, Melody is President of Self- Advocates of Indiana, Employment Advocate for The Arc of Indiana, and lives with her husband, Joe, in their own home. When she asks, "What are your dreams?" she is ready to show others what is possible if only you believe in yourself.

The film series is narrated by Michelle Fischer, Lafayette. Michelle is a young woman with cerebral palsy who is following her dream to be a broadcast journalist as host of The Arc of Indiana's podcast, "A View from My Window."

The films comprising "Pathways to Employment" were created by filmmaker Ken Oguss. Funding for the project was provided by the Indiana Family and Social Services Administration.

Thank You to

Donors

James Abbitt Dr. Robert Agranoff Patricia Alenduff Eric & Yvonne Ambler Charlie & Mary Andrews Judy Arbuckle Tracy Arbuckle Carla & Terry Ault John & Marilyn Barcus Thomas & Margaret Barr Jeff & Susan Bassett Kenny & Tina Baumis Jim & Joan Bickel Robert & Margaret Blome Jerry & Eva Bohannon William & Rosemary Bohney David Braddock David Bradley Mr. & Mrs. Kenneth Brashaber Ron & Claire Brettnacher James & Christine Brewster Roger & Daphne Brunkow Marilyn Burger Jamie Campbell Mark Carlson Jack Chapin Paul Chase Bill & Cathy Collins Don & Shirley Collins Terry & Michelle Collins Dorthey Cooper Steve & Sally Corbett Jim & Sue Crisman Bert & Irene Curry Art & Kay Dahlgren John & Kathy Davis S. Joe DeHaven John Dickerson Dennis & Peggy Dietz Aaron & Jennifer Dixon James & Joyce Dobson Kim Dodson Dean Donahoo Lynnell & James Eash Robert & Diane Edwards Paul & Lana Eisenberg John & Gail Euber Thomas Ewbank Stephen & Karen Faley Richard & Joyce Fleck Kenneth Foster David & Gayle Foy James & Charma Fultz Ron Fultz Wava Furlong Frances Gabbard Robert & Barbara Garton Mary Glasson Elizabeth & Cynthia Goldsmith Gorsline Family Alice Greenburg Dan & Cynthia Griffin Cynthia Grissom

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For 57 years The Arc of Indiana has stood as beacon of hope for individuals with intellectual and developmental disabilities and their families. We were able to touch countless lives in 2012 because of the incredible generosity of our donors. Thank you for helping us help others.

Corporations & Non-Profit Organizations

Applied Behavior Center Cosmopolitan Club of Indiana CRH Medical Office & Medical Staff Gardner & Lose Company, Inc. **GE** Foundation Indiana Conference of Executives of The Arc (ICEArc) Indiana Neurology Specialty Mead Johnson Nutrition Employee Matching Gift Program Midwest Psychological Center Opportunities for Positive Growth, Inc. Passages Pro Kids, Inc. Self Advocates Of Indiana

The Arc of the United States
The Selective Group
Foundation
TOPS IN #168 – Columbus
Wallington Asset Management
Warner Transitional Services

Memorials

During 2012, The Arc of Indiana received memorial donations for the following individuals. While nothing will ease the loss suffered by family and friends, these memorial gifts serve as a tribute to these very special people.

Chris Barr
Carol Clark
Vickie Collins
Carol Corwin
Deborah Christine
Cooper Downs
Lenny Greenwalt

Anne Kavelman
Joseph Kline
Miriam Knauff
Joseph Lesch
Maryann Long
Virginia Lynch
Gail Anne McCord
Mary McGrayel
Edward Otting
Lex & Alice Phillips
Fred Rockey
Richard Swan

Honorariums

In 2012, The Arc of Indiana received donations in honor of the following individuals.

Jana Kay Alenduff Helen Faye Behrman Barby Brewster Jennifer Christenson John Dickerson Susan Dietz William Curtis Ewbank II Vicki French Jill Ginn Jessica Green Thomas Hamilton Kathryn Ireland Beth Kuhns & her friends Tiffany McCrary Rosa McDaniel Jared Meyer David Morrow Jill Olson Edward Payne Ivl Riemersma Tom Roy John Sobczak David Spade Meghana Suchak's Parents The Miracle Worker IRT artists and staff Quentin Travers

Teddy Vandenberg

Suzanne Vevia

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Steve Green's 23nd Annual Golf **Tournament**

Title Sponsor

The Arc of Indiana Master Trust

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2012 Conference and **Appreciation Luncheon**

IPMG

Unity of Indiana

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The Arc News in Indiana PAGE 7

Embassy Suites Hotel

Downtown

Local Chapters of The Arc of Indiana

ADAMS & WELLS

Bi-County Services Bluffton, IN 260-824-1253

ALLEN, DEKALB, HUNTINGTON & STEUBEN

Easter Seals Arc of Northeast Indiana Fort Wayne, IN 260-456-4534

BARTHOLOMEW

The Arc of Bartholomew County Columbus, IN 812-372-0610

BOONE

The Arc of Greater Boone County Lebanon, IN 765-482-6815

BROWN

The Arc of Brown County Nashville, IN 47448

CARROLL

The Arc of Carroll County Delphi, IN 765-564-3698

CLINTON

Clinton County ARC Frankfort, IN 765-325-2410

DAVIESS & MARTIN

Daviess-Martin Rehabilitation Services Linton, IN 812-847-2231

DELAWARE

Hillcroft Services Muncie, IN 765-284-4166

DEARBORN

The Arc of Dearborn County Guilford, IN 812-637-3911

DECATUR

The Arc of Decatur County Greensburg, IN 812-663-8587

ELKHART

ADEC Bristol, IN 574-848-7451

FOUNTAIN

Fountain County ARC Covington, IN 765-918-2311

GIBSON

Gibson County ARC Princeton, IN 812-386-6312

GRANT & BLACKFORD

Carey Services Marion, IN 888-668-8961

GREENE

Greene County Area Rehabilitation Center Linton, IN 812-847-2231

HANCOCK

The Arc of Hancock County Greenfield, IN 317-462-3727

HENDRICKS

Sycamore Services Danville, IN 317-745-4715

JACKSON

The Arc of Jackson County Seymour, IN 812-525-7589

JAY

Jayland ARC Portland, IN 260-726-6849

JENNINGS

Jennings County ARC North Vernon, IN

JOHNSON

Johnson County ARC Gateway Services Franklin, IN 317-738-5500

KNOX

KCARC Vincennes, IN 812-886-4312

LAGRANGE

The Arc LaGrange County Howe, IN 260-463-2653

LAKE, LaPORTE, PORTER

The Arc of Northwest Indiana Gary, IN 219-884-1138

LAWRENCE

Lawrence County ARC Bedford, IN 812-279-3229

MADISON

Hopewell Center Anderson, IN 765-642-0201

MARION & HAMILTON

Noble of Indiana Indianapolis, IN 317-375-2700

MONROE

Stone Belt Arc Bloomington, IN 812-332-2168

NOBLE

Noble County ARC Albion, IN 260-636-2155

OWEN

Sweet Owen Industries Arc Spencer, IN 812-714-8138

PIKE

Pike County ARC Petersburg, IN 812-354-6560

POSEY

Posey County ARC Mt. Vernon, Indiana

RUSH

Rush County ARC Rushville, IN 765-932-5190

SPENCER

Spencer County ARC Rockport, IN 812-649-9538

SULLIVAN

Sullivan County Area Rehabilitation Center Linton, IN 812-847-2231

TIPPECANOE

The Arc of Tippecanoe County Lafayette, IN 765-476-3277

VANDERBURGH

Evansville ARC Evansville, IN 812-428-4500

VIGO

The ARC of Vigo County Terre Haute, IN 812-232-4112

WABASH

ARC of Wabash County Wabash, Indiana 260-563-8411

WAYNE, FAYETTE, FRANKLIN & UNION

Achieva Resources Corporation Richmond, IN 765-966-0502

WHITE, BENTON, JASPER & NEWTON

Hoosier Prairie Arc Monticello, IN 574-583-8227

WHITLEY

Passages Columbia City, IN 260-244-7688

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Insights Consulting
Outside the Box
Tangram
Unity of Indiana

Silver

Opportunity Enterprises

Bronze

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2012-2013

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Membership, Access, Engagement and Relationships

Join The Arc and Connect with the Community

Through the efforts of local chapters of The Arc throughout the state, membership in The Arc of Indiana stands at an all time record – 19,877. Only 133 new members are needed to reach a goal of 20,000 members, and then our efforts will continue – to reach a new goal!

Indiana now ranks second among all of the state Arc chapters in the country in membership. Only New York has more, with approximately 65,000 members.

To top 20,000 members, The Arc of Indiana and our chapters have launched our 2013 membership campaign: "Membership, Access, Engagement and Relationships - The Blueprint for a connected, livable community. Join The Arc and Connect with the Community."

Each chapter is being challenged to recruit, at a minimum, 25 new members, as well as retain 100% of its current members. Brent Cardin, chairperson of The Arc's Member and Chapter Committee, noted that the retention portion of the membership drive is new: "When a member is lost, two must be recruited to grow, and when a member is retained, new growth occurs with every new recruit."

In 2012 Easter Seals Arc of Northeast Indiana and The Arc in Pike County were honored with The Arc's Traveling Membership Trophies for their successful membership recruitment. Chapters again will be vying for these trophies with the 2013 campaign.

Why retain and recruit members? The Arc's President Mark Hisey stated, "Just think how these voices can impact our movement: more volunteers at the local level, more voices to contact our elected officials – from congressmen to state legislators to county commissioners and school board members – and increased awareness and understanding of what local chapters do every day in the community."

If you are not already a member, or you know of others who should join, contact your local chapter of The Arc, or join as an at-large member. Visit *www.arcind.org* to find local chapters and to join The Arc.

Top Ten Membership Chapters

Noble of Indiana (The Arc of Greater Indpls)	3,823
Easter Seals Arc of Northeast Indiana	2,564
KCARC	1,429
ADEC	1,171
The Arc of Northwest Indiana	1,108
Evansville ARC	1,050
Stone Belt Arc	993
The Arc of Bartholomew County	927
Hoosier Prairie Arc	381
The Arc of Tippecanoe County	366

Hillcroft Services Joins The Arc of Indiana

The Arc of Indiana is pleased to announce that Hillcroft Services has joined The Arc as its 44th chapter in Indiana and more than 700 state and local chapters across the United States.

Hillcroft, based in Muncie, Indiana, provides residential, employment and community support services to individuals with disabilities in a ten county area in East Central Indiana.

"Hillcroft Services Inc. is very excited to become an affiliated chapter of The Arc. Organizations like ours are very fortunate to have the opportunity to become part of an advocacy effort on behalf of individuals with intellectual and developmental disabilities, with the voice and influence it has both at a

state and national level. We look forward to working alongside them for years to come," said Debbie Bennett, President and CEO of Hillcroft Services.

John Dickerson, Executive Director of The Arc of Indiana, said, "We are proud to



Debbie Bennett

have Hillcroft Services join us as a chapter of The Arc, and look forward to partnering with their board, staff, volunteers and the individuals and families they serve."

Hillcroft by visiting: www.hillcroft.org

Self-Advocate Groups

Advocacy Angels, Warsaw

Aktion Club of Wabash River, West Lafayette

Allen County First Self-Advocates, Ft. Wayne

Awesome Westside Advocates (AWA), Avon

Bloomington Self-Advocates, Bloomington

The Changemakers, Spencerville

Circle of Friends, Fishers

Decatur County Self-Advocacy Group, Greensburg

Four Rivers, Linton

Hamilton Co. JDS Aktion Club, Noblesville

Howard County Self-Advocates, Kokomo

Johnny Appleseed Aktion Club, Ft. Wayne

Johnson County Aktion Club, Franklin

Kool Kats, Muncie

MDC Goldenrod, Goshen

Navigators (Passages), Columbia City

Normal Life Self-Advocates, Terre Haute

OTB Self-Advocates, Indianapolis

Pathfinders Self-Advocacy Group of Wabash Co., Wabash

People First of Wayne County, Richmond

Power for Independence - Elkhart Chapter, Bristol

Power for Independence - Goshen Chapter, Goshen

Rockport Engagement Center Self-Advocates, Spencer

Self Advocates at New Horizon, Batesville

Self Advocates of DSI, Indianapolis

Self Advocates of Franklin County/WATCH, Brookville

Self Advocates of Indianapolis (Noble of Indiana), Indianapolis

Self Advocates: Building A Future / SA of Lawrence Co., Bedford

Self-Advocates of Cass County, Logansport

Self-Advocates of Grant & Blackford Counties, Marion

Self-Advocates of Southern Indiana, Floyds Knobs

Self-Advocates of Tomorrow: The Aktion Club of Columbus, Columbus

Self-Advocate Club of the Wabash River / Aktion Club, West Lafayette

Self-Advocates of Monroe County, Bloomington

Shares SA (Shelby, Rush & Hancock Counties), Shelbyville

Shelbyville VC Aktion Club, Shelbyville

South Western Advocacy Group, Evansville

Tangram Self-Advocates, Indianapolis

TEAM Self-Advocates, Valparaiso

TRUTH 1, Highland

United Voices for Change, Terre Haute

Wabash Valley Self-Advocates, Terre Haute

For information about a self-advocacy group near you, contact Self-Advocates of Indiana, 317-977-2375.

Looking Back on 2012 Achievements Looking Forward to 2013

2012 was a busy and rewarding year for The Arc of Indiana, Self-Advocates of Indiana and The Arc Master Trust. Our hope is that through our efforts we will continue to build on the work of our founders – who joined together to form The Arc in 1956 to build a better and more accepting world for their children.

Blueprint for Change

In the fall of 2011, The Arc launched an exciting plan to improve programs and services for people with developmental disabilities – the Blueprint for Change. The guiding principles of the Blueprint shaped our focus and work throughout 2012 and continues to guide us in 2013.

Building Career Pathways for All
Discovering and Realizing Individual Gifts
Supporting Resourcefulness of Individuals,
Families and Communities
Using What You Need
Shifting the Power to What Works

Learn more about the Blueprint for Change by visiting: www.arcind.org/blueprint_for_change

The Arc Development Group

In the fall of 2012, The Arc of Indiana established The Arc Development Group, LLC (ADG). The purpose of the LLC is to invest its time and resources in business ventures that provide employment opportunities for individuals with intellectual and other developmental disabilities.

Works of Arc

The first project ADG launched, in January, 2013, is Works of Arc, an online art store where artists with disabilities can sell their artwork. 75% of each piece of art work sold goes directly to the artist. Please visit *www.worksofarc.com* and join Works of Arc on Facebook.

Training Institute and Hotel

In the coming months, you will be hearing more about ADG's exciting project to develop a training institute and hotel in Muncie, Indiana. The training institute will help people with disabilities from all over Indiana develop job skills in the hospitality and restaurant industry, as well as offer entrepreneurship opportunities, while the hotel will employ people with disabilities.

Employment

As called for in the Blueprint, employment was a big focus for The Arc in 2012. In addition to founding The Arc Development Group, we partnered with Self-Advocates of Indiana and Employment Advocate Melody Cooper to grow our efforts to educate people with disabilities about employment opportunities and options. We were excited to create a series of television and print ads in cooperation with Inside Indiana Business, featuring the message that employing people with disabilities is "Good for Business, Good for People

and Good for the Economy." In 2013, our efforts have continued with the launch of our Pathways to Employment film series (see cover article).

Count Me IN!

Through The Arc and Self-Advocates of Indiana's combined efforts, special events were held throughout the state encouraging everyone to vote. The Arc produced an election guide with information about each candidate, as well as important deadlines in the voting process. Over 40,000 copies were distributed around the state. In addition, voter registration drives and candidate forums were held through out the state through The Arc and SAI's "Count Me IN! campaign to make sure people were ready to vote and had the opportunity to meet and learn about candidates before the elections.

My Life My Choice

Though the "My Life, My Choice" project, during the summer and fall, self-advocates met with 1,016 individuals with disabilities living in nursing homes to provide information on their options to move to a community based residential program, connect with community programs even if they remained in the nursing home, or to make no changes at the present time. A special IPad program developed just for The Arc was used to help self-advocates talk with nursing home residents about their interests, including their interests in exploring different living options. 266 individuals said "Yes" or "Maybe" to the option of moving to a community residential program.

The program is now continuing as people living at North Willow Center, a large Intermediate Care Facility for People with Developmental Disabilities (ICF/DD), are being interviewed about their living options.

Public Policy Advocacy

The Arc continues to have a strong presence at the Indiana General Assembly and with state agencies that provide programs and services to people with disabilities. The passage of legislation in the 2012 legislative session led to the establishment of a new Medicaid Waiver program for people with intellectual and developmental disabilities that is working to move people off of year's long waiting lists. In the spring of 2012, more than 500 people attended a special meeting organized by The Arc to answer questions and provide information about changes to programs and services. Our work continues into 2013 as the state continues to refine changes to the new Medicaid Waiver program.

Help to Families and Self-Advocates

Every day The Arc receives numerous calls from families and individuals with disabilities looking for help. Sometimes the solutions are easy and other times they are much more complicated. No matter the size of the problem, our Family Advocates for The Arc Network work to get the issues resolved.

The Arc of Indiana Master Trust

The Arc of Indiana Master Trust, proud to be celebrating 25 years of service, continues to shine as the nation's premiere special needs trust. As of December 31, 2012 the trust had 2,256 open trusts, and the total on deposit for Trust I and Trust II was \$46,141,830. Once again, the Trust's Winter Heating Assistance Program was able to help 300 people with \$100 toward their winter heating bill.

Membership

More than 9,000 new members joined The Arc during The Arc's 2012 Building Pathways to Membership Campaign, setting a record for membership recruitment and boosting The Arc's statewide membership to more than 19,877 members. To top 20,000 members The Arc of Indiana and our chapters have launched our 2013 membership campaign: Membership, Access, Engagement and Relationships – The Blueprint for a connected, livable community. Join The Arc and Connect with the Community. (See page 9 for information on this year's campaign).

IPAS Partnership

Over the coming months, The Arc of Indiana and Self-Advocates of Indiana will be collaborating with Indiana Protection and Advocacy Services (IPAS) to provide news and information on IPAS's role in protecting the rights of people with disabilities.

IPAS staff includes disability rights advocates and attorneys who have the authority to pursue



appropriate legal and administrative remedies on behalf of people with disabilities to ensure the enforcement of their constitutional and statutory rights. IPAS may be able to

assist Hoosiers who have a disability and are being denied a right or are being discriminated against because of that disability.

One project we will be collaborating on is the creation of a free "Legal Network" comprised of individuals who are practitioners in the legal field who have a family member with a disability or direct interest in a person or individuals with disabilities. In the near future we will be establishing a "Legal Network" list serve for those interested in being part of the Legal Network. For more information, email us at: thearc@arcind.org.

To learn more about IPAS please visit: www.in.gov/ipas.

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The Arc of Indiana Master Trust 2012 Annual Report

The Arc of Indiana Master Trust, founded in 1988, is proud to be celebrating 25 years of service.

Trust I is The Arc of Indiana's original trust. The intent of Trust I is to provide parents with a reliable way to supplement the means-tested benefits their children receive, such as Medicaid and Supplemental Security Income (SSI), when they are no longer there to provide for them.

Trust II was established in 1995 in response to a law passed by Congress in 1993 allowing individuals receiving government assistance (or means-tested benefits) to fund their own trust.

There were 34 enrollments in Trust I in 2012 and 211 enrollments in Trust II.

As of December 31, 2012 there were 2,256 open trusts with The Arc of Indiana Master Trust. Of those, 1,563 are actively receiving distributions from either their Trust I or Trust II accounts. There are 171 accounts that are funded but are not currently receiving distributions, and 522 unfunded Trust I accounts.

The Trust I investments had a positive rate of return in 2012 of +11.98. The return in 2011 was +5.49.

It is important to remember that past performance does not guarantee future results.

The Trust follows a conservative investment strategy, investing beneficiary's money as if they have retired, and this is their retirement money.

The total on deposit for Trust I and Trust II as of December 31, 2012 was \$46,141,830.

The Arc of Indiana Master Trust staff is available to answer any questions or concerns, as well as to provide presentations about The Arc Master Trust to organizations or in one-on-one

meetings in all areas of Indiana.

As we celebrate our 25th year of service, we look forward to continuing to serve people with disabilities whose parents wish to provide for them,

	Enrollments for 2012				
	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	Total
Trust I	11	6	8	9	34
Trust II	43	61	53	54	211
Total	54	67	61	63	245

Trust Investments December 31, 2012						
Mutual Fund – Int. Government/Bond	\$14,139,722	45.70%				
Mutual Fund – Large Cap Equity	\$11,165,326	36.09%				
Mutual Fund – Foreign Stock	\$ 2,311,395	7.47%				
Mutual Fund – Small Cap Equity	\$ 2,006,899	6.49%				
Misc Cash Equivalents – Taxable	\$ 648,071	2.09%				
Mutual Fund – Short Govt/Bond	\$ 633,100	2.05%				
Other	\$ 35,003	.011%				

and people with disabilities who have funded their own trusts. The Trust strives each day to provide the very best, reliable and responsive service possible to its beneficiaries.

Establishment of Training Institute and Hotel Goal of The Arc Development Group

Late last fall, The Arc of Indiana established The Arc Development Group, LLC (ADG). The purpose of the LLC is to invest its time and resources in business ventures that provide employment opportunities for individuals with intellectual and other developmental disabilities.

In an effort to help individuals become more self-sufficient, ADG is working to develop a hospitality training institute that will be housed in an estimated 125-room hotel in Muncie, Indiana where a significant percentage of the employees will be people with disabilities.

The employees will be staffed throughout the hotel in various capacities, including management, and will receive salary and benefits comparable in the industry.

The training institute will help people with disabilities develop job skills in the hospitality and restaurant industry, and provide post secondary education programs and entrepreneurship opportunities.

As *The Arc News in Indiana* goes to press, the state budget bill approved by the Indiana House of Representatives includes a \$5 million investment toward the hotel and training institute's capitol project. This investment will improve the quality of life for thousands of Hoosiers with disabilities across the state, leading them to gainful employment, less reliance on government assistance, and most importantly, more independent lives.

To keep up-to-date on developing news of this exciting project, be sure to visit *www.arcind.org* to sign up to receive our E-Newsletter and Legislative Memo/Action Alert, join The Arc of Indiana on Facebook and follow us on Twitter @TheArcIN.



Indiana's Premier Special Needs Trust

Trust

Established in 1988, Trust I helps families provide for the financial future of their loved ones without affecting eligibility for government benefits such as SSI, SSDI and Medicaid.

Trust I

Established in 1995, Trust II allows people with disabilities to fund their own trust, allowing them to maintain eligibility for government benefits.

Over the past 25 years, nearly 5,000 people have enrolled in Trusts I and II. Trust I investments total over \$30.5 million, and Trust II investments total over \$14.5 million.

Whether you are a family member, person with a disability or a legal or other professional, The Arc Master Trust is here to help.



800-382-9100





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Former Pacer and IU Basketball Star

Steve Green's 24th Annual Golf Tournament to Benefit The Arc of Indiana

Join us for a day of golf, fun, friends and community giving!



Friday, June 21, 2013
Eagle Creek Golf Club
Online registration begins
April 29, 2013
Visit www.arcind.org and
click on "News & Events"

A Hole in One Anyone Can Make! The Arc of Indiana

Sixth Annual Golf Ball Bounce

At the start of our 2013 golf tournament, 1,000 numbered golf balls will be dropped from approximately 100 feet onto Eagle Creek Golf Club's front green.

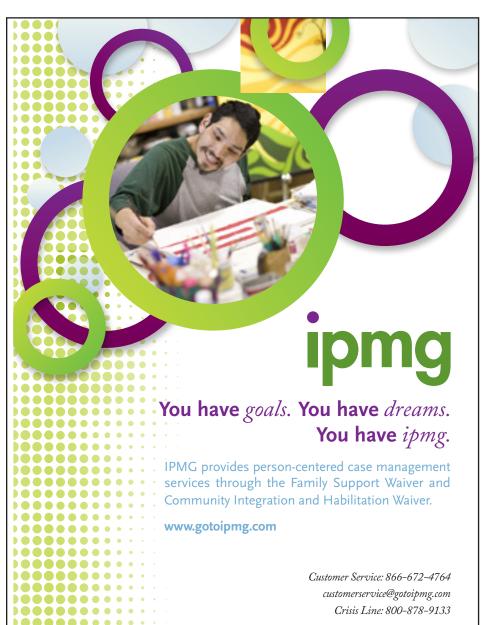
The lucky participant whose golf ball lands the closest to the marked hole will win \$1,000!

The second closest numbered golf ball to the hole will receive \$500, and the third closest numbered golf ball will be awarded \$250. In addition, the person whose golf ball lands the farthest away wins \$250!

You do not have to be present at the tournament to win!

Tickets for the golf balls are on sale now for only \$10 each. Please visit www.arcind.org and click on "News & Events"





2013 Calendar of Events

March 21

Self-Advocates of Indiana Board of Directors Meeting Indianapolis

April 15-17

The Arc of the United States Disability Policy Seminar Washington D.C.

May 8

Self-Advocates of Indiana State Meeting Indianapolis

May 18

The Arc of Indiana Board of Directors Meeting Indianapolis

June 13

Self-Advocates of Indiana Board of Directors Meeting Indianapolis

June 21

Steve Green's 24th Annual Golf Outing to Benefit The Arc Eagle Creek Golf Club Indianapolis

July 19

Self-Advocates of Indiana Annual Picnic / State Meeting Eagle Crest Picnic Area Indianapolis

August 2-5

The Arc of the United States National Convention Bellevue, Washington August 23

2nd Annual Food Fest! Monument Circle Indianapolis

August 24

The Arc of Indiana Board of Directors Meeting Indianapolis

September 19

Self-Advocates of Indiana Board of Directors Meeting Indianapolis

September 25

The Arc of Indiana 57th Anniversary

October 12

The Arc of Indiana Indy Cooks Dallara Indy Car Factory Speedway

October 15-16

Self-Advocates of Indiana Conference and Board of Directors Election Indianapolis

October 24

The Arc Master Trust 25th Anniversary

November 6

The Arc of Indiana Annual Conference, Appreciation Luncheon and Annual Meeting The Fountains Carmel

December 9-10
Self-Advocates of Indiana
Board of Directors Meeting
Indianapolis

Classic 56 Chevy Car Raffle

You could win this classic 56 Chevy! Just enter our raffle, \$10 a chance, for your chance to win.

Back in 2006, to celebrate The Arc's 50th Anniversary, a generous donor gave The Arc the 1956 Chevy to commemorate the year we were founded. We have enjoyed taking the car to local events throughout the state as a way to publicize the good work of The Arc. Now we are raffling the Chevy to help raise funds for The Arc.

The winner will be announced at our 2013 Conference on November 6.

Purchase your raffle ticket now by visiting www.arcind.org and clicking on "News & Events."

Indiana Gaming License Number 130352

